



# SAILING INSTRUCTIONS

## OPEN WEEK & EUROPE CLASS WORLD CHAMPIONSHIP 2025

### July 28th – August 7th

<b>NP</b>	Rules that may not be ground of protests between boats (this changes RRS 60.1)
<b>SP</b>	For breaches of rules in the sailing instructions marked [SP] a standard penalty may be applied by the Race Committee or the Technical Committee without a hearing, or a discretionary penalty applied by the International Jury after a hearing. This changes RRS 60.5(b), 63.1, 63.2 and A5.1.

#### Organizing Authority:

On behalf of the Italian Sailing Federation: Circolo Vela Torbole in conjunction with the IECU

#### 1 RULES

- 1.1 As defined in the Notice of Race (NoR).
- 1.2 Substitution of competitors is not permitted.
- 1.3 [DP] Competitors and support persons shall comply with any reasonable request from an event official. Failure to comply may be misconduct.

#### 2. NOTICES TO COMPETITORS AND CHANGES TO THE SAILING INSTRUCTIONS

- 2.1 Notices will be posted on the Official Notice Board (ONB) at this link:  
<https://www.racingrulesofsailing.org/events/10890> for the Open week and on  
<https://www.racingrulesofsailing.org/events/10891> for the Worlds.
- 2.2 Any change to the Sailing Instructions will be posted one hour before the first warning signal of the day it will take effect, except for any change to the schedule which will be posted by 20:00 on the day before the change will take effect.

#### 3. SIGNALS MADE ASHORE

- 3.1 Signals ashore will be displayed at the flagpole to the waterfront.
- 3.2 When flag AP is displayed ashore, "1 minute" is replaced by "not less than 45 minutes" in the Race Signal AP. This changes Race Signal AP.
- 3.3 [DP] [NP] Boats shall stay ashore until flag D is displayed. The D signal will be given at least 45 minutes before the first warning signal. Please note that when flag D is displayed together with a class flag only boats starting under that flag may launch.

#### 4. COMPETITION AND RACING FORMAT

- 4.1 Open Week:
  - 4.1.1 The boats will compete in one fleet.
- 4.2 World Championship:
  - 4.2.1 Men and women will compete in two separate fleets.

#### 5. EVENT SCHEDULE:

- 5.1 See NoR 7.1 for Open week



5.2 See NoR 7.2 for World Championship:

## 6. CLASS FLAGS

6.1 The class flag for the Open Week is flag E.

6.2 The class flags for the World Championships are:

For women F.

For men E.

## 7. COURSE FOR OPEN WEEK

The course for Open Week is course O.

## 8. COURSES FOR WORLDS

8.1 The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 Men will sail the outer course and women the inner course.

8.3 If, for any unexpected reason, one of the buoys of marks 3 and/or 4 (gates) are missing, the remaining mark shall be left to port.

8.4 Races will not be shortened. This changes RRS 32.

8.5 The course will not be changed during the race. This changes RRS 33.

## 9. MARKS

9.1 Marks 1, 4s/4p will be YELLOW gps buoys. Marks 2, 3s/3p will be RED gps buoys.

9.2 The starting mark will be Race Committee vessels.

9.3 The finishing mark will be a WHITE Finishing buoy with a blue flag.

## 10. THE START

10.1 All races will be started according to RRS 26.

10.2 All races will be started using either rule 30.3 (U Flag Rule), or 30.4 (Black Flag Rule). This changes RRS 26.

10.3 The starting line will be between the staffs displaying orange flags on the starting marks.

10.4 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed at least five minutes before a warning signal is made.

10.5 [NP] [DP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.6 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

## 11. THE FINISH

12.1 The finishing line will be between a staff displaying a blue flag on a race committee vessel and the course side of the finishing mark.

## 12. PENALTY SYSTEM

12.2 Appendix P will apply with the following changes:

12.2.1 RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

12.2.2 If a first penalty is signaled after a boat has crossed the finishing line, a scoring penalty of 10% rounded to the whole number (rounding 0.05 upwards) of the number of entries will be added to the boats score. However, she shall not be scored worse than DSQ.



### 13. TIME LIMITS

#### 13.1

Target Time	Mark 1 time limit	Finishing Window	Race Time Limit
45-50	25	15	90

13.2 If no boat has passed Mark 1 within the Mark 1 Time Limit, the race shall be abandoned.

13.3 Failure to meet the target time cannot be ground for a request of redress. This changes RRS 61.1(a)

13.4 Boats failing to finish within the Finishing Window will be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2.

### 14. PROTESTS AND REQUESTS FOR REDRESS

14.1 Hearing request shall be submitted on forms available at this link:

<https://www.racingrulesofsailing.org/events/10890> for the Open week and on

<https://www.racingrulesofsailing.org/events/10891> for the Worlds, within the appropriate time limit.

14.2 For each fleet, the protest time limit is **60 minutes** after the last boat has finished the last race of the day or the race committee signals no more racing today, whichever is later.

14.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses and where the hearings will be held.

14.4 Notices of protests by the race committee, technical committee or protest committee will be posted to inform boats under RRS 60.2(d)

14.5 A list of boats penalized according to Appendix P of Rule 42, RRS will be posted.

14.6 Worlds Championships

14.6.1 Decisions of the International jury will be final as provided in RRS 70.3 (a). If Appendix N1.4 (b) applies, the time limit for request for a full panel hearing by a full International jury is 15 minutes after the parties have been informed of the decision.

### 15. SCORING

16.2.1 See NoR 12

### 16. SAFETY REGULATIONS [NP] [DP]

16.1 A boat that retires from a race shall notify the Race Committee or the Race Office as soon as possible. Verbal communication from coaches is allowed.

16.2 Boats shall only come ashore at Circolo Vela Torbole. Boats failing to do so must report this immediately to the Race Committee or the Race Office.

16.3 Support boats shall not be:

16.3.1 Closer than 100 meters to any boat racing.

16.3.2 Within 100 meters of the starting line, the extensions and marks from the time of the preparatory signal until all boats have left the starting area or the Race Committee signals a postponement, general recall or abandonment.

16.3.3 Between any boat racing and the next mark of the course.

16.3.4 Between the inner and outer trapezoid courses when boats are racing on both courses.

16.3.5 Within 100 meters of any mark of the course while boats are in the vicinity of that mark; and

16.3.6 Within 100 meters of the finishing line and marks while boats are finishing.

16.4 Coach boats making way around the race area (see Attachment C) shall minimize the effect of their wake on boats that are racing. Support boats moving faster than 5 knots shall remain at



least 150 meters from any boat racing.

16.5 Between sequences of races or when all racing for that course area has been postponed or abandoned, support boats may enter the course area to service their athletes but shall restrict their speed to 5 knots.

16.6 VHF channel **9** will be used for official communications between the Race Committee and the Safety Boats. In case the V flag is displayed all support boats shall switch on the VHF channel **9** and cooperate with the Race committee to help any boat in danger.

16.7 Competitors and support persons shall comply with any reasonable request from an event official. Failure to comply may be misconduct.

**17. [SP] Check-out and check-in:**

17.1 Competitors shall comply with the event sign-out and sign-in procedures when going afloat and returning to the shore. Sign out will be open at least 60 minutes before the scheduled start of the first race of the day and sign in will close at protest time limit.

17.2 Failure to sign out will lead to a 1-point penalty for the first race of the day; failure to sign in will lead to a 1 point penalty in the last race of the day; If there is an infringement on a subsequent day, the penalty will be 2 points per race, 3 points for a third infringement and so on. All penalties will be imposed without a hearing.

17.3 Boats not leaving the shore for a scheduled race shall promptly notify the Race Office.

**18 REPLACEMENT OF EQUIPMENT[DP]**

**18.2 World Championships**

18.2.1 Only equipment that has been successfully measured or inspected by the Technical Committee may be used.

18.2.2 If a substitution is made the new equipment must be approved by the Technical Committee at the earliest convenience.

**19 EQUIPMENT AND MEASUREMENT CHECKS [NP][DP]**

A boat or equipment may be inspected at any time for compliance with the Class Rules and the Sailing Instructions. On the water, a boat can be instructed by any Race Committee member or Technical Committee member to immediately proceed to a designated area for inspection.

**20 OFFICIAL BOATS**

20.1 Official Boats will display a white flag with the following letters as per their function:

Race Committee boats: **RC** Jury boats: **JURY**

Rescue boats: **SAFETY** Technical Committee boats: **RC**

Media boats: **MEDIA** Guests and authorities: **MEDIA**

**21 RADIO COMMUNICATIONS AND OTHER TRANSMISSIONS**

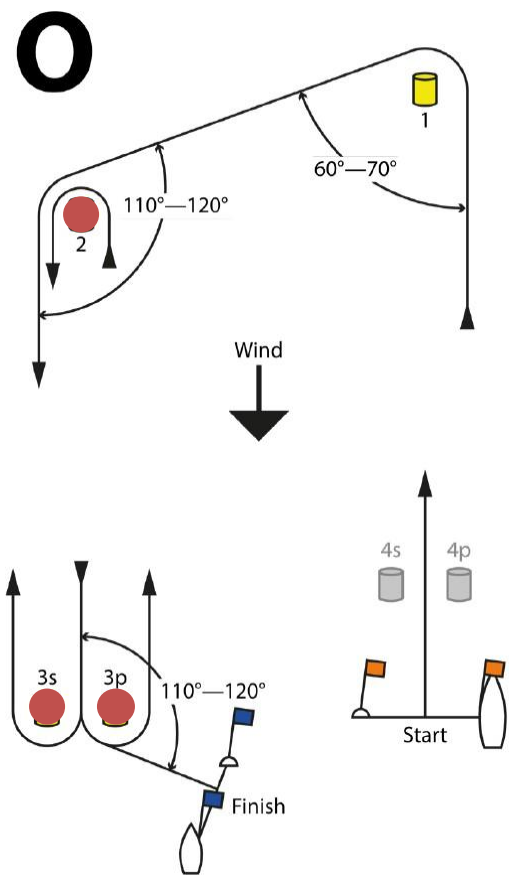
A boat shall neither make any kind of radio or data transmissions while racing nor receive communications not available to all boats, except in an emergency or when using equipment provided by the Organizing Authority. This restriction also applies to mobile telephones.



ATTACHMENT “A” THE COURSE

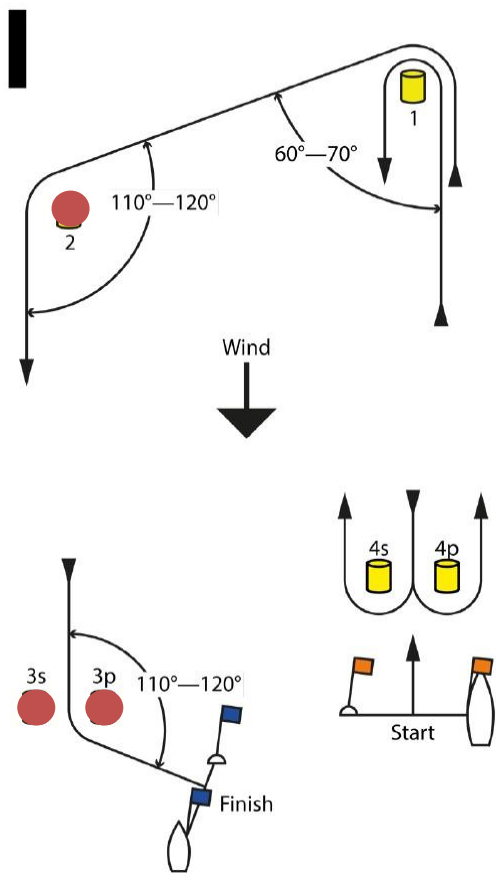
Open Week: Course **O**

World Championship: MEN Course **O**



Start-1-2-3s/3p-2-3p-Finish

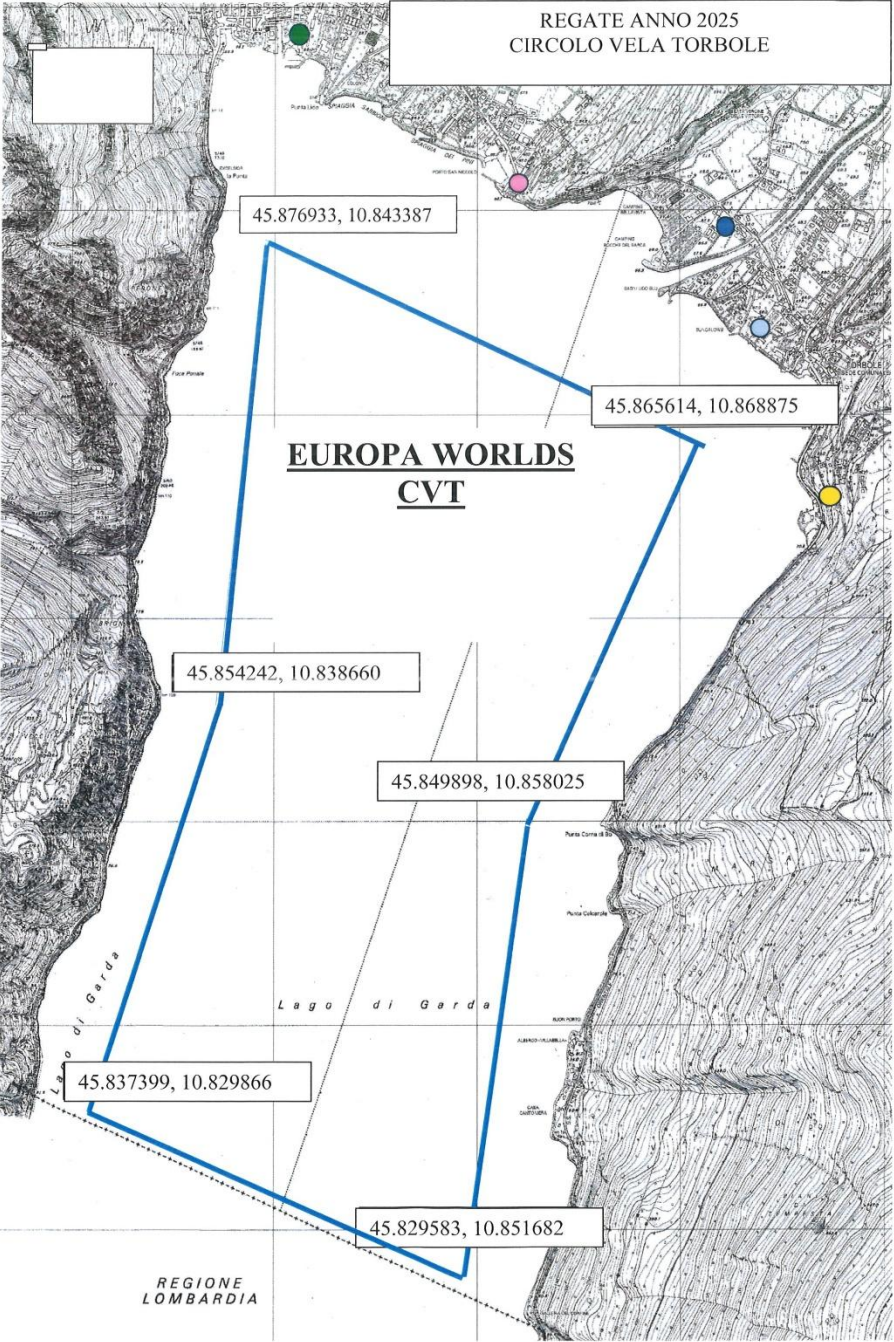
WOMEN Course **I**



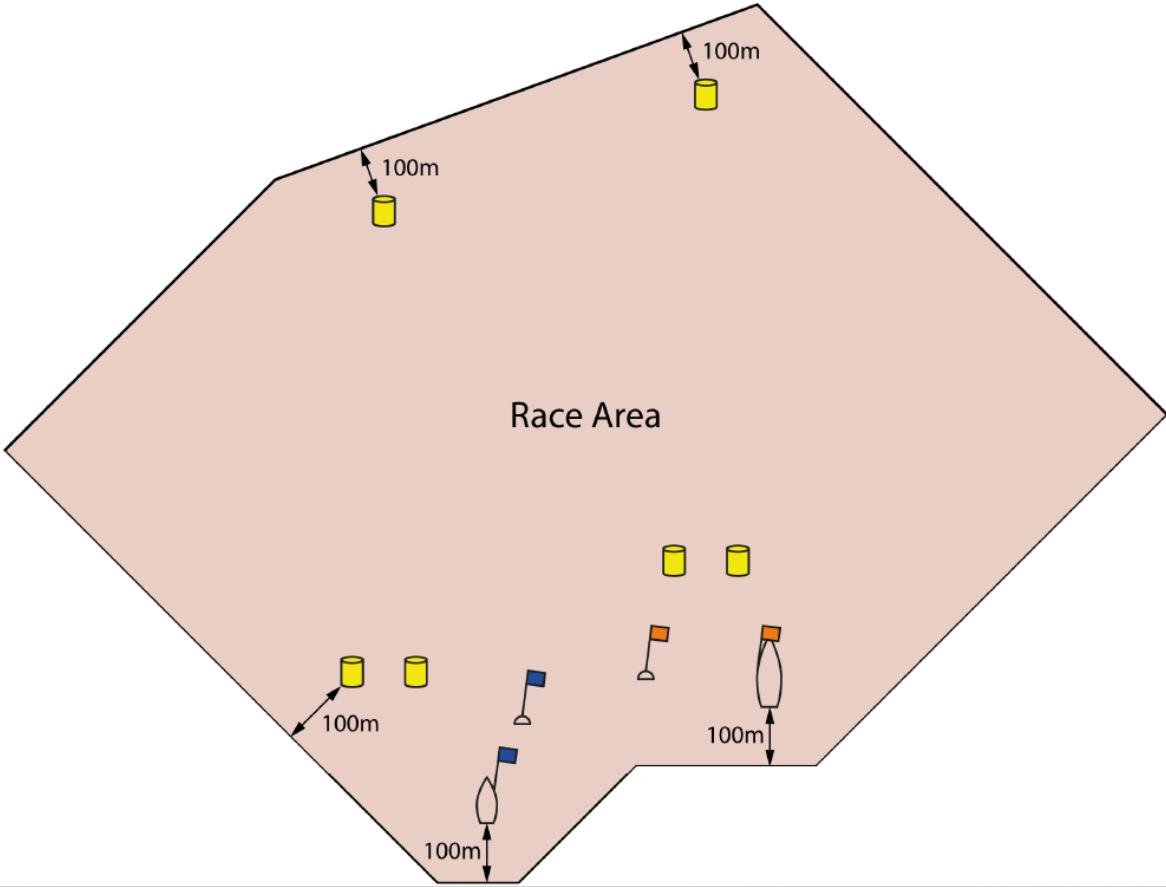
Start-1-4s/4p-1-2-3p-Finish



ATTACHMENT “B” THE RACE AREA



**ATTACHMENT “C” SAFETY DISTANCES FROM THE RACE AREA**



## **ATTACHMENT “D” SAILING INSTRUCTIONS FOR THE NATIONS CUP**

### **D1. Rules**

D1.1 As defined in NoR 1.2, NoR 2.1—2.2, NoR 2.4—2.10, NoR 3.1, NoR 3.3—3.5, NoR 6, NoR 8, NoR 12, NoR 15, NoR 18—24 and NoR B.

D1.2. As defined in SI 1—3, SI 5, SI 10.2—10.4, SI 12, SI 17—21.

D1.3 RRS D1.1(d) does not apply. Arm signals are not required.

### **D2. Changes to the sailing instructions**

D2.1 These Sailing Instructions may be changed verbally on the water by the Race Committee and/or the Umpires, but only before the warning signal, and only while flag L is displayed.

### **D3. Communications with competitors**

D3.1 When flag L is displayed on any Race Committee boat each team shall obtain verbal instructions from that boat.

### **D4. Competition Format and Schedule of Races**

D4.1 The Nations Cup will be sailed in a qualifying stage and a final stage as follows:

D4.1.1 A qualifying Round-Robin series; and

D4.1.2 One small final for the bronze medal and one big final for the silver and gold medals.

D4.2 The final stage will be sailed in matches and the first team in each match to reach two points will be scored as the winner.

D4.3 The initial schedule of races will be posted on the Official Notice Board at least one hour before the first warning signal.

D4.4 Every race will be assigned a number in the race schedule.

D4.5 Every team will be assigned a name based on their national letters (RRS G).

D4.6 The number of the next race to be sailed and the names of the two teams (SI D4.5) competing in it will be displayed on the Race Committee Start Boat no later than the warning signal.

D4.7 All other information on the water, such as the schedule and the current scores, will only be displayed on the Race Committee Info Boat.

### **D5. The start and the class flag**

D5.1 Races will be started according RRS 26 with the following changes (this changes RRS 26):

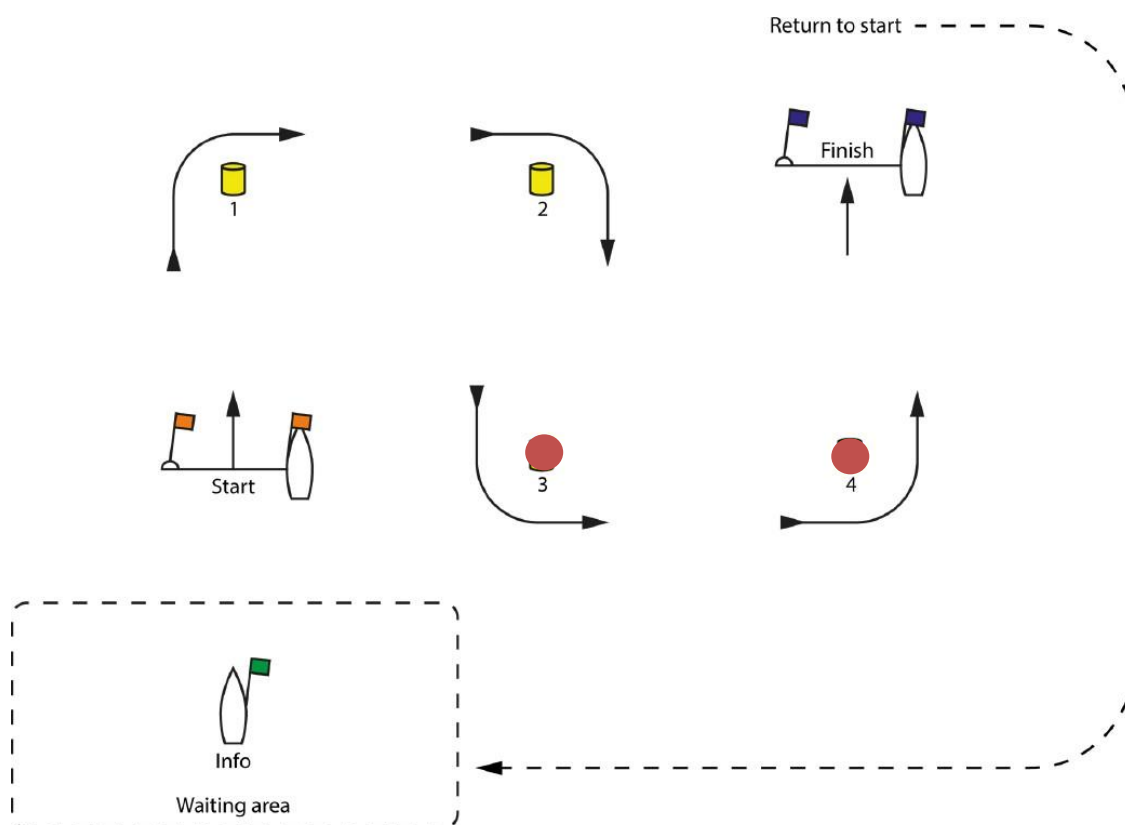
Signal Before start Sound Visual signal

Warning 3 minutes One Class flag displayed

Preparatory 2 minutes One Flag P displayed

One minute 1 minutes One long Flag P removed

Starting 0 minutes One Class flag removed



Marks 1 and 2 should be left to starboard, and marks 3 and 4 to port.

#### **D7. Course and marks**

D7.1 The course to be sailed is Start – 1 – 2 – 3 – 4 – Finish as described in the course diagram below: Marks 1 and 2 should be left to starboard, and marks 3 and 4 to port.

D7.2 Marks 1, 2, 3, 4 are GPS buoy.

#### **D8. Protests, Requests for Redress and Penalties**

D8.1 Protests and requests for redress shall be delivered to the Protest Committee on the water.

D8.2 The protest time limit is 2 minutes after the last boat has finished in each match.

D8.3 The Protest Committee will hold the hearings on the water to decide on protests and requests for redress that have not been decided while racing. When the outcome of a protest or request for redress would not affect which teams qualify to a later stage, the Protest Committee may refuse to hear it. This changes RRS 63.1.

#### **D9. Waiting area [NP] [DP]**

D9.1 While not racing all boats shall stay in the Waiting Area as described in SI D7.1

D9.2 Except in a case of justified assistance or help, all support boats shall stay in the Waiting Area as described in SI D7.1









